

An Introduction to Restorative Practices

Fostering Healthy Relationships
and Promoting Positive
Discipline in Schools

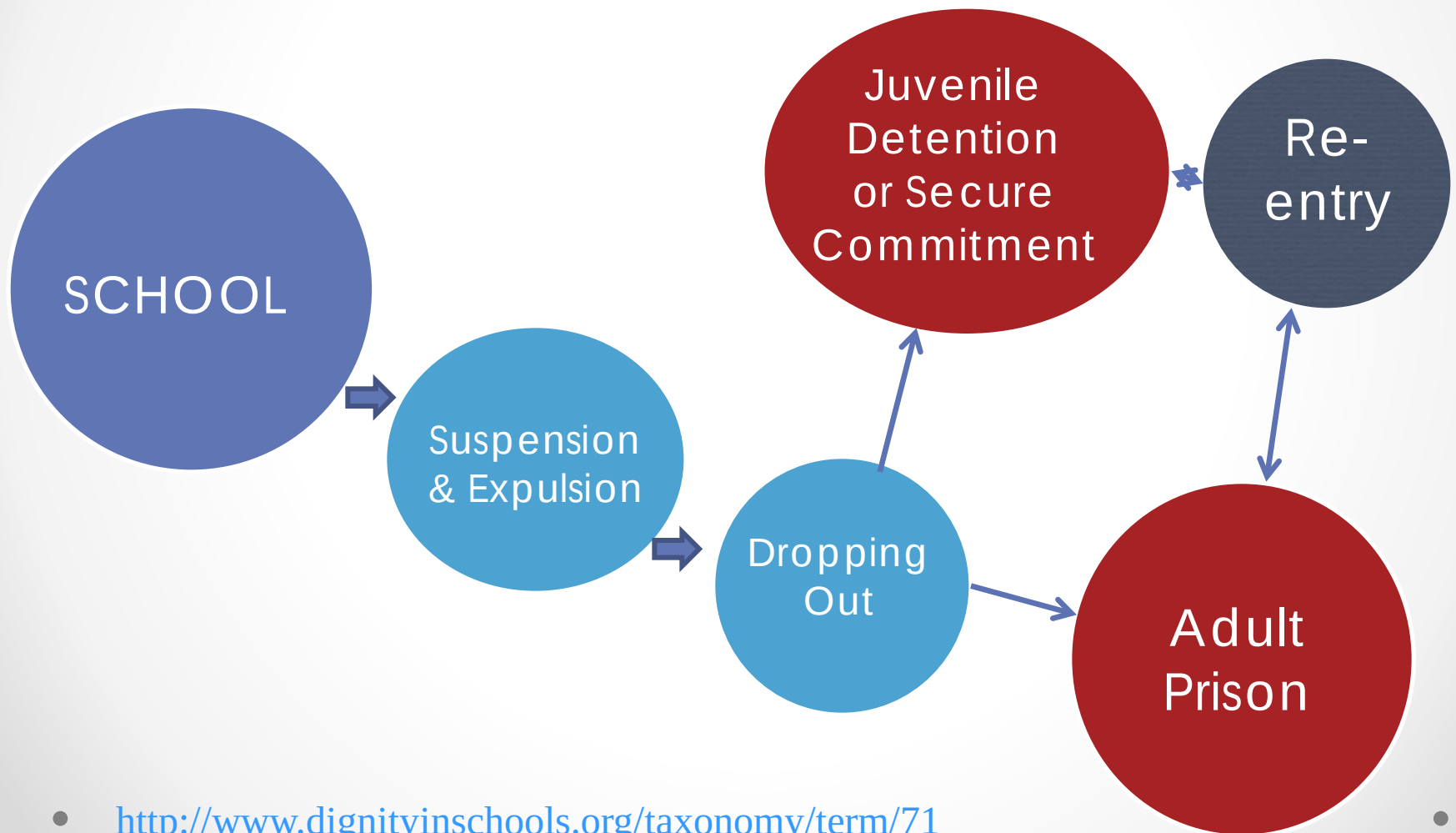
Lucy A. Vezzuto, Ph.D.



Restorative Practices in Schools

are inspired by the philosophy and practices of restorative justice, which puts repairing harm done to *relationships* and people over and above the need for assigning blame and dispensing punishment.

SCHOOL-TO-PRISON PIPELINE



California Education Code

- ED Code 48900.5. states: (a) Suspension, ..., shall be imposed only when other means of correction fail to bring about proper conduct.
- (b) Other means of correction include, but are not limited to, the following:

Participation in a restorative justice program.

A positive behavior support approach with tiered interventions that occur during the school day on campus.



Education Code 48900(k) Defiance Suspension and Expulsion

Orange County Report

Ethnicity	Defiance Suspensions (In School)	Defiance Suspensions (Out School)	Other Suspensions (In School)	Other Suspensions (Out School)	Total Suspensions	Defiance Expulsions	Other Expulsions	Total Expulsions
Hispanic Or Latino Of Any Race	1,617	2,908	1,614	8,678	14,817	8	208	216
American Indian Or Alaska Native, Not Hispanic	14	18	20	64	116	0	3	3
Asian, Not Hispanic	138	126	139	571	974	3	20	23
Pacific Islander, Not Hispanic	19	34	17	59	129	0	2	2
Filipino, Not Hispanic	15	17	15	76	123	0	1	1
African American, Not Hispanic	74	129	83	415	701	1	9	10
White, Not Hispanic	543	708	603	2,254	4,108	3	84	87
Two Or More Races, Not Hispanic	27	72	47	224	370	0	6	6
None Reported	18	14	8	39	79	0	1	1

"Restorative
Practices **in** school,
keep students **learning**, rather than
removing them for
suspension or expulsion..."

What are Restorative Practices (RP)?

- Restorative Practices are a framework for building community and for responding to challenging behavior through authentic dialogue, coming to understanding, and making things right.

IIRP

Restorative Practices

```
graph TD; A((Address and discuss the needs of the school community)) --- B((Build healthy relationships between educators and students)); B --- C((Reduce, prevent, and improve harmful behavior)); C --- D((Repair harm and restore positive relationships)); D --- E((Resolve conflict, hold individuals and groups accountable)); E --- A;
```

Address and discuss the needs of the school community

Build healthy relationships between educators and students

Reduce, prevent, and improve harmful behavior

Repair harm and restore positive relationships

Resolve conflict, hold individuals and groups accountable

Core Philosophy of Restorative Practices

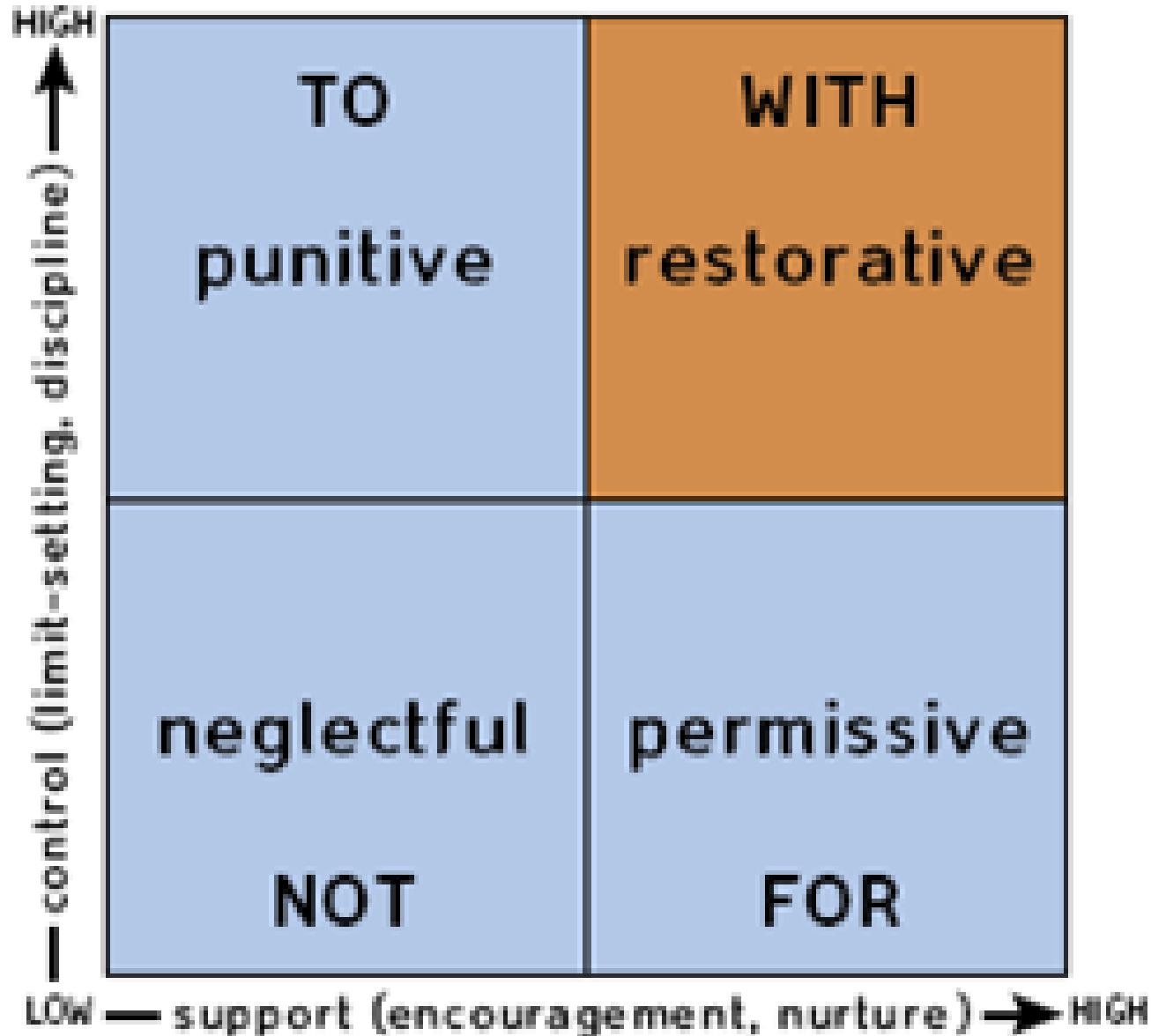
Human beings are happier, more productive and more likely to make positive changes in their behavior when those in positions of authority do things **WITH** them, rather than **TO** them or **FOR** them.

Ted Wachtel

Founder,
International Institute for Restorative Practices



Social Discipline Window



Paradigm Shift

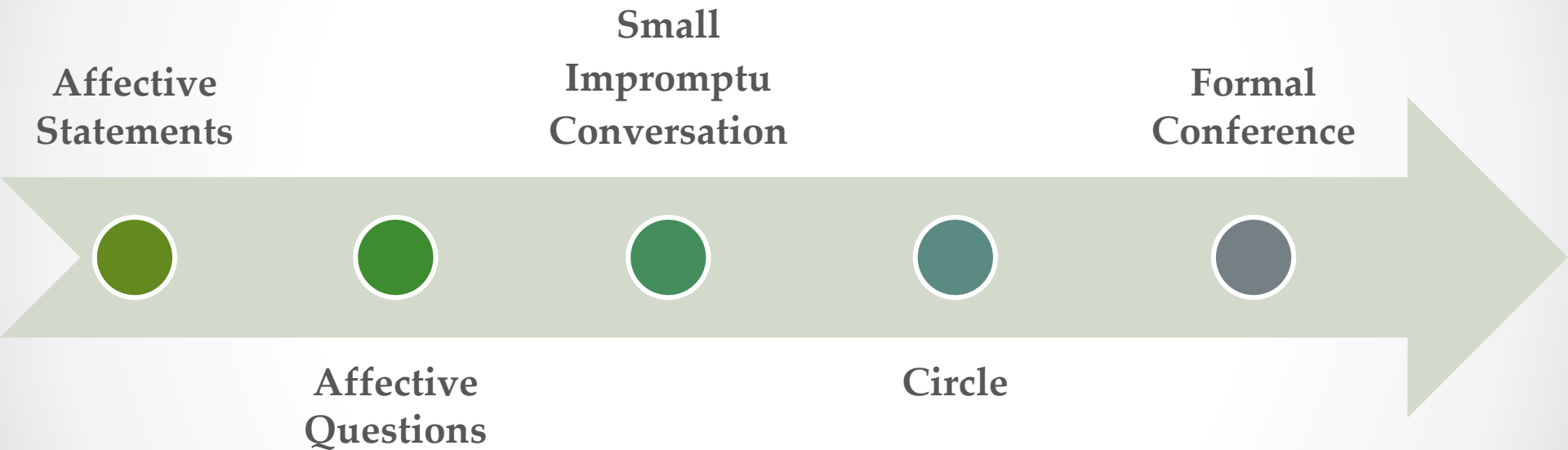
Adversarial

- What rule was broken?
- Who's to blame?
- What punishment does the offender deserve?

Restorative

- Who was harmed?
- What harm resulted?
- What needs to be done to make things right?

A Continuum of Restorative Practices



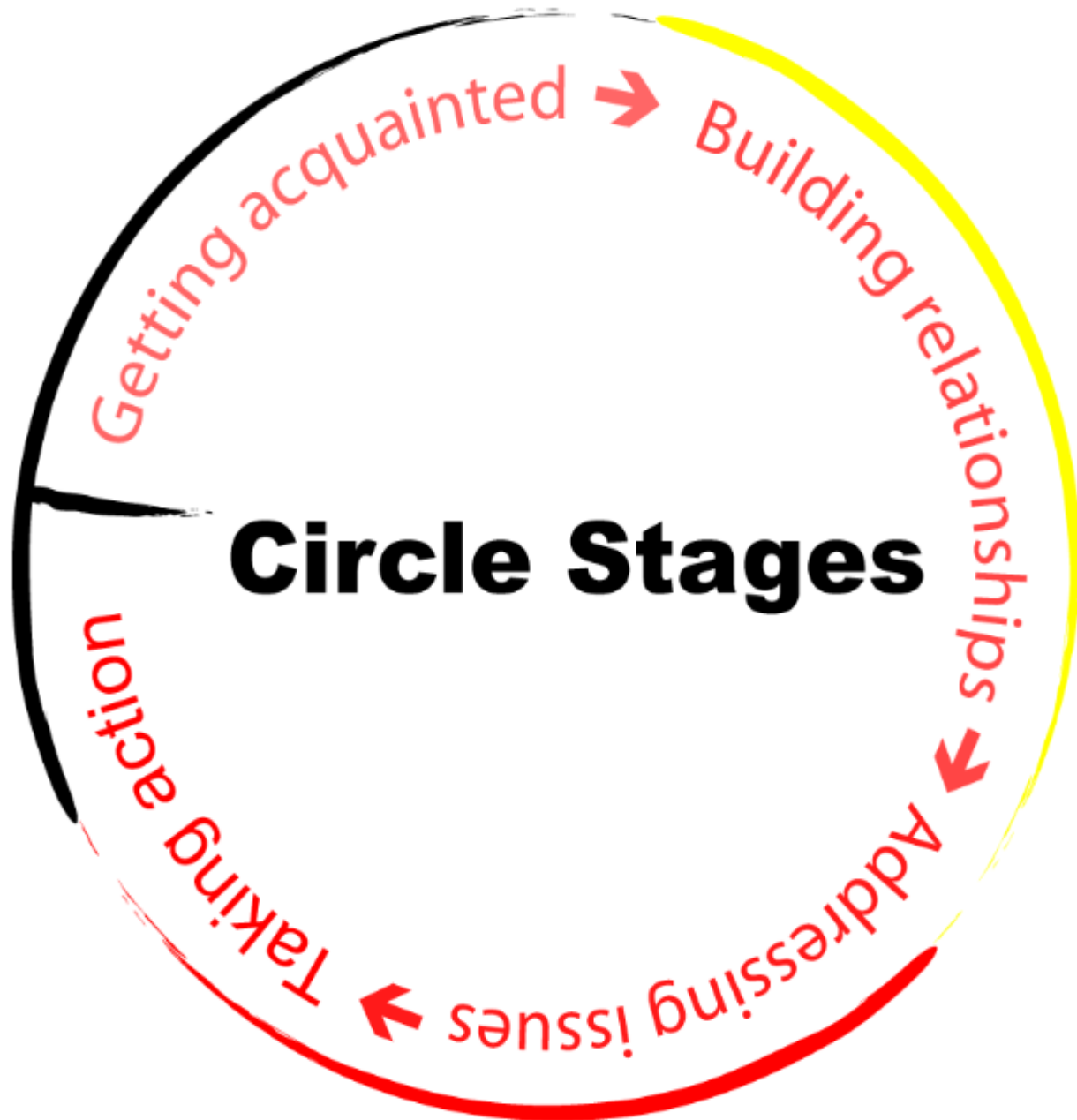
Affective Questions

When Challenging Behavior

- What happened?
- What were you thinking of at the time?
- What have you thought about since?
- Who has been affected by what you have done? In what way have they been affected?
- What do you think you need to do to make things right?

To Help Those Affected

- What did you think when you realized what had happened?
- What impact has this incident had on you and others?
- What has been the hardest thing for you?
- What do you think needs to happen to make things right?



SFUSD Intro to RP video

[http://www.healthiersf.org/RestorativePractices/Resources/
videos.php#intro](http://www.healthiersf.org/RestorativePractices/Resources/videos.php#intro)

or

SFUSD Student Voice Video

<https://www.youtube.com/watch?v=9lllaTksKtw>



Integrating Bullying Prevention and Restorative Practices in Schools:

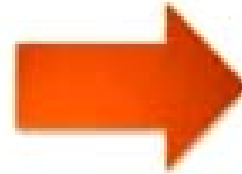
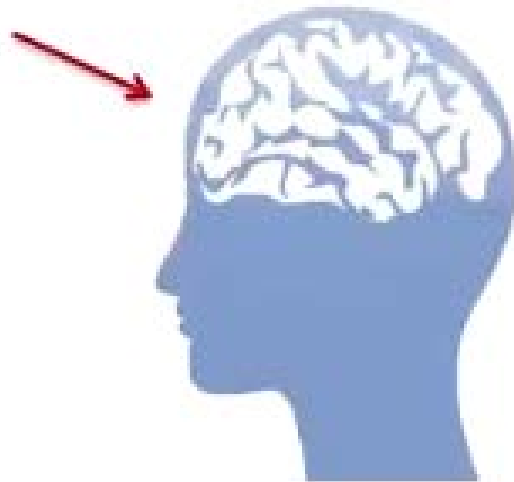
Considerations for Practitioners and Policymakers

Trauma and Restorative Practices

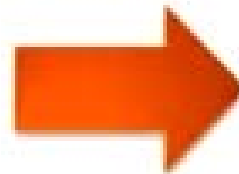


Fight, Flight, Freeze

Executive function



**Safe environment, caring adults,
academic, social-emotional, &
behavioral supports**



Engaged Learning

Integrating Restorative Practices into A Multi-tiered System of Supports

Prevention &
Intervention

Repair Harm & Restore Relationships

Formal restorative conference

Maintain Relationships

Impromptu conferences

Circles for problem-solving & conflict resolution

Build Community & Relationships

Community-Building Circles (students & staff)

Affective Questions

Affective Statements

IMPROVING SCHOOL CLIMATE

FINDINGS FROM SCHOOLS IMPLEMENTING RESTORATIVE PRACTICES



PHOTO: © SCHNEIDER

A Report from the
*International Institute
for Restorative Practices*
Graduate School

Whole-School Outcomes

with Implementation Fidelity

REDUCED

- Misbehavior
- Violence & bullying
- Suspensions & expulsions
- Teacher & student absenteeism

INCREASED

- Instructional time
- Safety

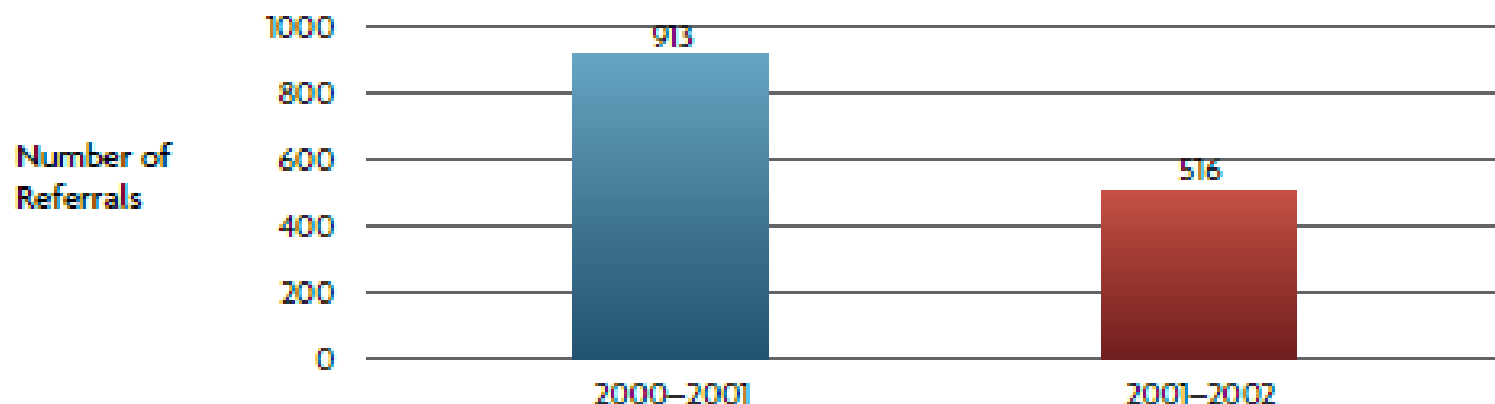
IMPROVED RELATIONSHIPS & ATTITUDES AMONG

Students, staff, administration and parents

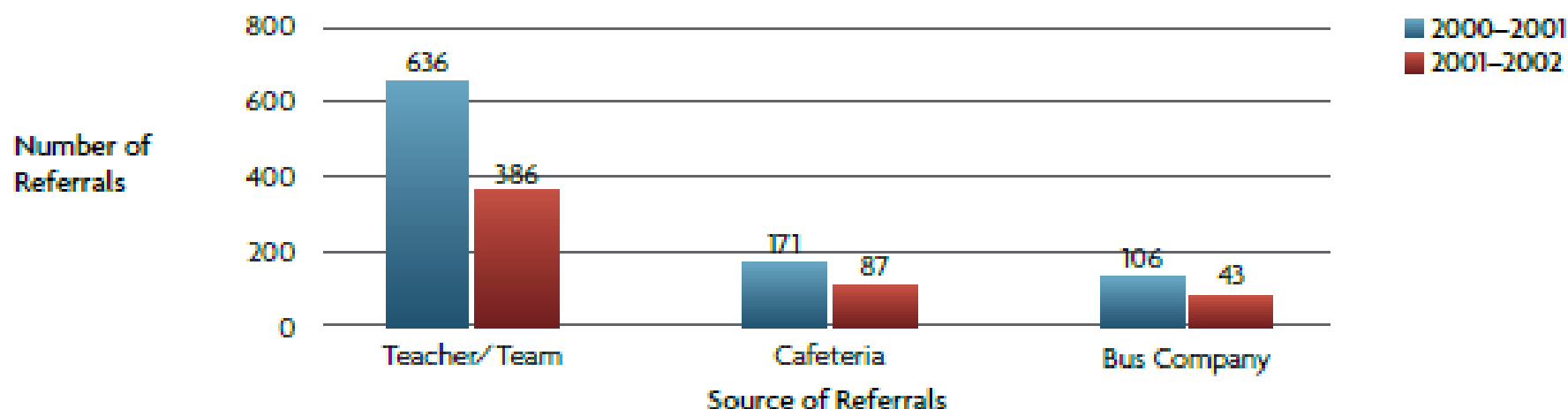
The Newtown, Pennsylvania's Middle School became interested in **restorative** practices for students who were repeatedly sent to the office for behavioral issues. After the first year of restorative practices, suspensions and disciplinary infractions were **reduced** by 80 percent. The Assistant Principal says, "Restorative practices have changed the **feeling** and culture here. Now it's like a family setting. Everyone asks for help and helps others."

Palisades Middle School Data

Disciplinary Referrals to Student Office in 2 School Years

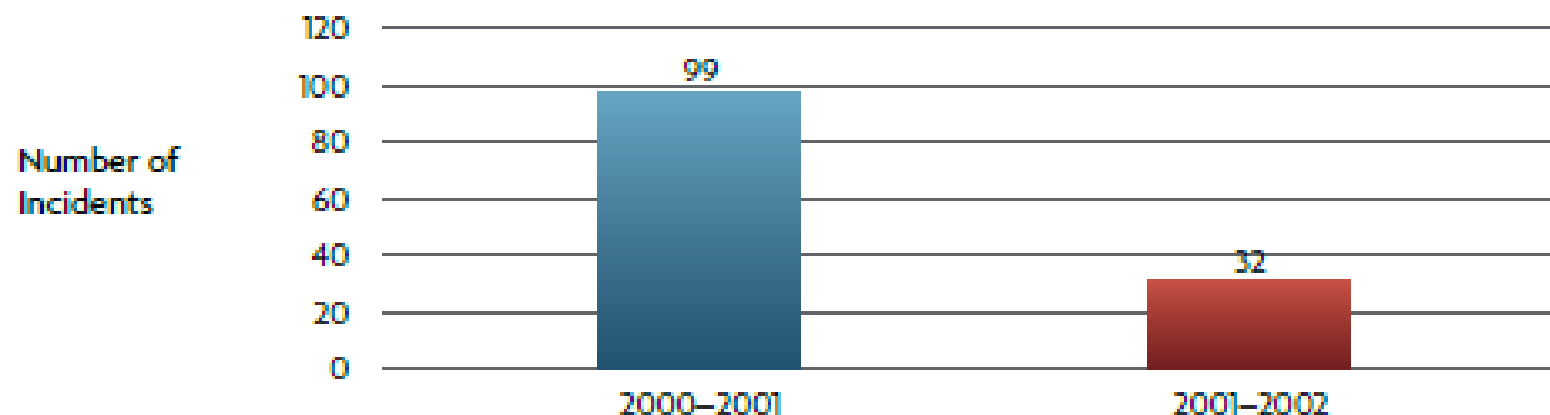


Disciplinary Referrals to Student Office in 2 School Years by Referral Source

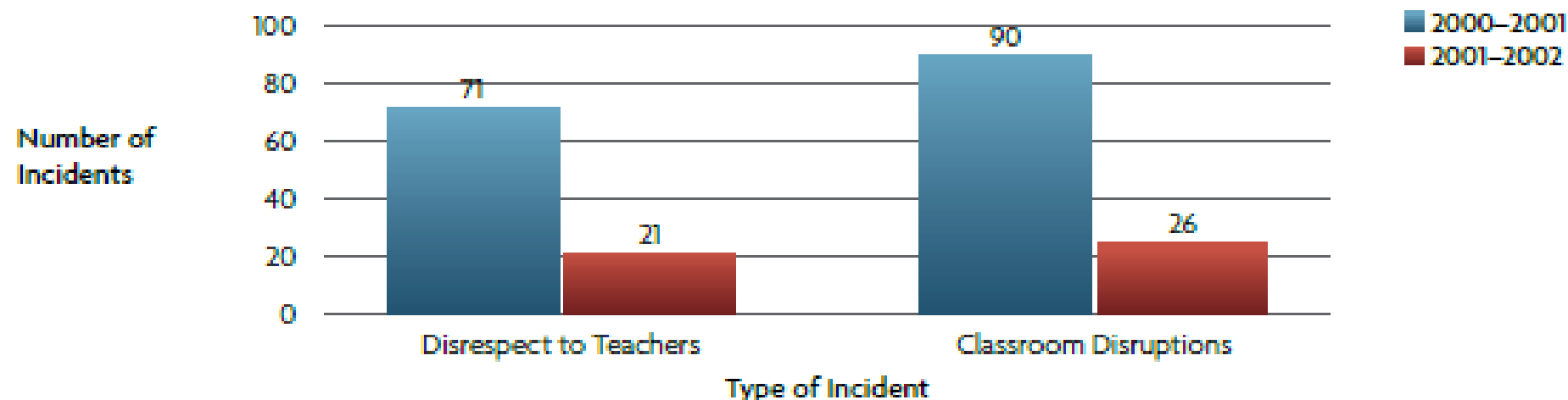


Springfield Township High School Data

Incidents of Inappropriate Behavior in 2 School Years



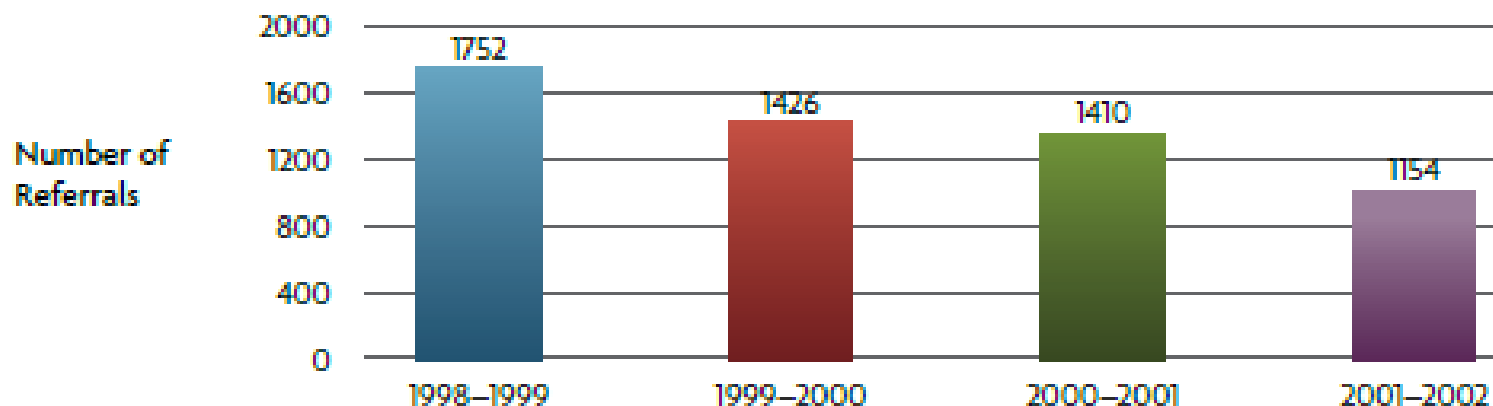
Classroom Incidents by Type in 2 School Years



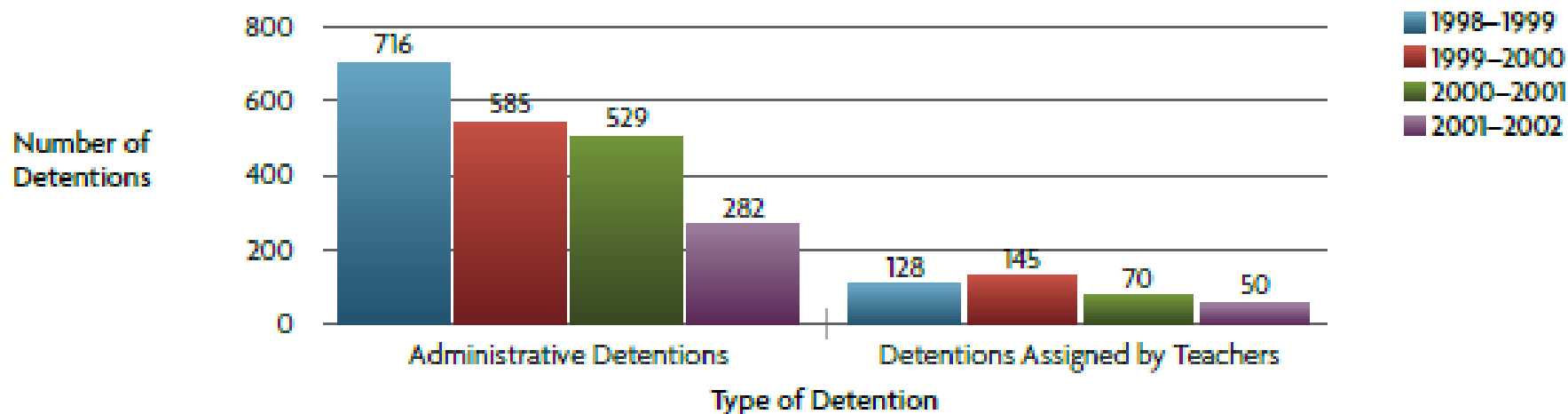
Source: Laura Mirsky, "SaferSanerSchools: Transforming School Culture with Restorative Practices," *Restorative Practices eForum*, May 20, 2003, www.iirp.edu/library/ssspilots.html

Palisades High School Data

Disciplinary Referrals to Student Office in 4 School Years

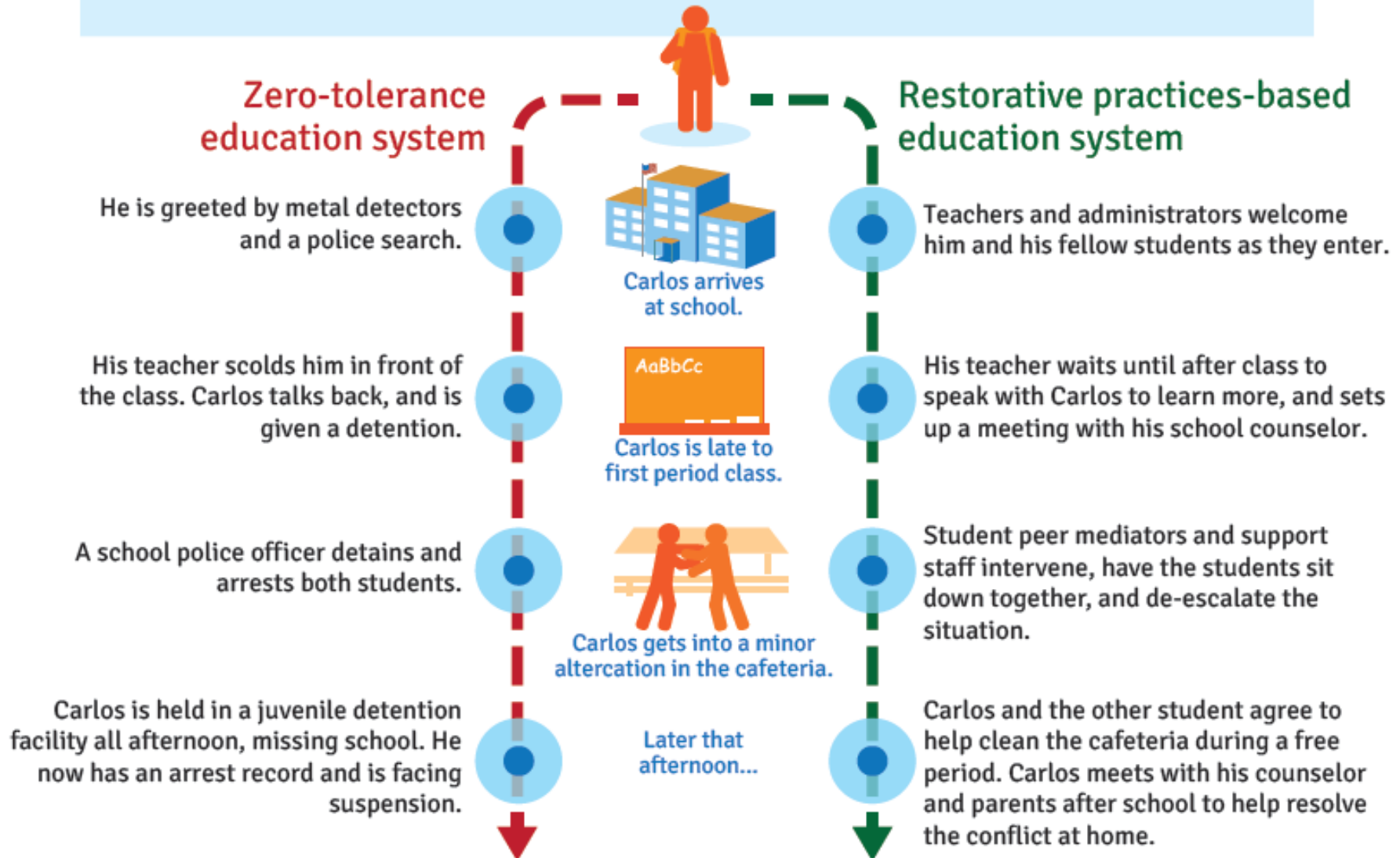


Student Detentions by Type in 4 School Years



A Tale of Two Schools

Carlos had a heated argument with his parents before leaving for school, so he's running late. Let's see the difference that restorative policies and practices can make.



Orange County Dept. of Education

Restorative Practice Initiative

Goal: Build county office and school district capacity & expertise

- Ongoing trainings for school staff
- RP Community Network for implementation support
- Support a cadre of trainers
- Website of resources & supports

http://www.healthiersf.org/RestorativePractices/media/restorative_practices_and_san_francisco_public_schools_640x360.mp4



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in college and career readiness and success.*

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Restorative Practices

The fundamental premise of restorative practices is that people are happier, more cooperative and productive, and more likely to make positive changes when those in authority do things **WITH** them, rather than **TO** them for **FOR** them.

— Ted Wachtel, *International Institute for Restorative Practices*

What are Restorative Practices?

Restorative Practices is a framework that centers around positive relationships for community building and restoring relationships when harm has occurred. Inspired by the philosophy of Restorative Justice, Restorative Practices includes repairing harm done to relationships over assigning blame and dispensing punishment (Eber, 2014). Unlike Restorative Justice, Restorative Practices is not merely a disciplinary approach to wrongdoing, but supports a prevention and

UPCOMING TRAININGS by International Institute for Restorative Practices-Certified Trainers

**2-Day Trainings:
Introduction to
Restorative Practices
& Using Circles Effectively
[Flyer](#)**

January 12 and 13, 2016
[Click to Register](#)

February 23 and 24, 2016
[Click to Register](#)

March 16 and 17, 2016
[Click to Register](#)

Coming Soon...

Address and
discuss the needs

Build healthy
relationships
between educators

Ocde.us/healthyminds